

Together, all the way.



# The Cigna 90 Now<sup>SM</sup> Program Retail Pharmacy Directory

There are thousands of retail pharmacies in your plan's network. They include local pharmacies, grocery stores, retail chains and wholesale warehouse stores – all places where you may already shop. Every pharmacy in your plan's network can fill 30-day prescriptions, and a select number of pharmacies can fill 90-day prescriptions. **This is a list of the largest retail pharmacy chains in the United States that participate in the Cigna 90 Now network.** It's not a complete list of in-network pharmacies. You can go to **Cigna.com/Rx90network** to find more pharmacies in your plan's network.

Remember that with the Cigna 90 Now program, all 90-day prescriptions<sup>2</sup> must be filled at a retail pharmacy approved to fill 90-day supplies, or through home delivery (if your plan allows).<sup>3</sup> In this list, pharmacies that are approved to fill 90-day supplies have this symbol  $\frac{100}{100}$  next to them.

# Use home delivery and get your medication delivered to your door, and more.<sup>3</sup>

Home delivery may be a convenient option when you're taking a medication every day to treat an ongoing health condition. Our home delivery pharmacy will ship your medication to you at no extra cost. And they'll send you reminders so you don't miss a dose. To get started using home delivery, call **800.835.3784**.



#### **Questions?**

Call the number on your Cigna ID card. You can also chat with us online on the myCigna® website, Monday-Friday, 9:00 am-8:00 pm EST.



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Pharmacies with this symbol onext to them can fill both 90-day and 30 day prescriptions. All other pharmacies shown here are only approved to fill up to a 30-day supply.

Acme Pharmacy 90 Giant Eagle Pharmacy Pick N Save Pharmacy 90 Price Chopper Pharmacy 90 Aurora Pharmacy 90 Hannaford Food And Drug Harris Teeter Pharmacy 90 Bartell Drugs **Publix Pharmacy** Benzer Pharmacy 90 Heb Pharmacy Raleys Pharmacy Big Y Pharmacy 90 Hometown Pharmacy 90 Ralphs Pharmacy 90 Hy-Vee Pharmacy Bi Lo Pharmacy Rite Aid Pharmacy Ingles Pharmacy Bi-Mart Pharmacy Safeway Pharmacy Brookshire Brothers Pharmacy 90 King Kullen Pharmacy 90 Savon Pharmacy **Brookshires Pharmacy** King Soopers Pharmacy 90 Schnucks Pharmacy Community Pharmacy 90 Kinney Drugs Shopko Pharmacy **KMart Pharmacy** ShopRite Pharmacy Costco Pharmacy Kroger Pharmacy 90 Smiths Pharmacy 90 **Cub Pharmacy** Longs Drugs 90 CVS Pharmacy (includes Target) 90 Snyder Drug Emporium 90 Marcs 90 Dillon Pharmacy 90 Stop & Shop Pharmacy Discount Drug 90 Marsh Drugs, LLC 90 Super RX Pharmacy 90 Martin's Pharmacy 90 Dod Tom Thumb Pharmacv Medical Center Pharmacy 90 Tops Pharmacy 90 Duane Reade Family Pharmacy 90 Medicap Pharmacy 90 Vons Pharmacy Food City Pharmacy The Medicine Shoppe Pharmacy 90 Walgreens Pharmacy Fred Meyer Pharmacy 90 Meijer Pharmacy Walmart Pharmacy 90 Navarro Discount Pharmacy 🗓 Fred's Pharmacy 90 Wegmans Food Market Inc. Freds Pharmacy 90 Weis Pharmacy 90 Omnicare Pharmacy Fry's Food And Drug 90 Osco Drug Winn Dixie Pharmacy Genoa, A Qol Healthcare Osco Pharmacy Giant Pharmacy PharMerica

## Frequently asked questions

#### What's the Cigna 90 Now program?

It's a program that helps make it easier for you to fill your maintenance medications. These are the medications you take every day to treat an ongoing health condition like diabetes, high blood pressure, cholesterol or asthma.

- Provides coverage for 90-day supplies at select retail pharmacies in your plan's network. You can also use home delivery (if your plan allows).<sup>3</sup>
- > Provides coverage for 30-day supplies at all pharmacies in your plan's network.
- If you fill a prescription in a 90-day supply,<sup>2</sup> you must use a retail pharmacy approved to fill 90-day supplies, or home delivery,<sup>3</sup> to receive coverage.
- Does not include narcotics or specialty medications.

#### Do I need my doctor's approval to switch to a 90-day prescription?

Yes, you'll need a new prescription for a 90-day supply.

#### Are 90-day prescription fills available through home delivery?

Yes. Call our home delivery pharmacy at **800.835.3784** for help with moving your prescription. They'll take care of everything for you.

#### Are there any benefits to filling a 90-day supply?

Yes. You'll make fewer trips to the pharmacy for refills. And you're more likely to stay healthy because with a 90-day supply on-hand, you're less likely to miss a dose.<sup>4</sup>

#### Will I save money by filling a 90-day supply?

It depends on your plan. Log in to the myCigna app or website, or check your plan materials, to learn more about how your plan covers 90-day fills.

#### My pharmacy isn't approved to fill 90-day supplies. How do I switch pharmacies?

Here are three ways you can move your prescription.

- > Call your doctor's office. Ask them to send your prescription electronically to your new pharmacy.
- If your prescription still has a refill available, ask the pharmacist at your current pharmacy to transfer your prescription to your new pharmacy for you.
- If you'd like to use home delivery to fill your medication, call **800.835.3784**. A representative will contact your doctor's office to help transfer your prescription.



1. Participating Cigna 90 Now pharmacies as of July 2019. Subject to change. 2. Some medications aren't available in a 90-day supply and may only be packaged in lesser amounts. For example, three packages of oral contraceptives equal an 84-day supply. Even though it's not a "90-day supply," it's still considered a 90-day prescription. 3. Not all plans offer home delivery as a covered pharmacy option. Please log in to the myCigna app or website, or check your plan materials, to learn more about the pharmacies in your plan's network. 4. Internal Cigna analysis performed Jan 2019, utilizing 2018 Cigna national book of business average medication adherence (customer adherent > 80% PDC), 90-day supply vs. those who received a 30-day supply taking antidiabetics, RAS antagonist and statins.

#### Para obtener ayuda en español llame al número en su tarjeta de Cigna.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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### **DISCRIMINATION IS AGAINST THE LAW**

#### **Medical coverage**

Cigna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Cigna does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

#### Cigna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.

If you believe that Cigna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to ACAGrievance@Cigna.com or by writing to the following address:

Cigna

Nondiscrimination Complaint Coordinator

PO Box 188016

Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to ACAGrievance@Cigna.com. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, DC 20201 1.800.368.1019, 800.537.7697 (TDD) Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.



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#### **Proficiency of Language Assistance Services**

**English** - ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

**Spanish** - ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

**Chinese** - 注意:我們可為您免費提供語言協助服務。對於 Cigna 的現有客戶,請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224 (聽障專線:請撥 711)。

**Vietnamese** – XIN LƯU Ý: Quý vị được cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Dành cho khách hàng hiện tại của Cigna, vui lòng gọi số ở mặt sau thẻ Hội viên. Các trường hợp khác xin gọi số 1.800.244.6224 (TTY: Quay số 711).

Korean - 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna 가입자님들께서는 ID 카드 뒷면에 있는 전화번호로 연락해주십시오. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711)번으로 전화해주십시오.

**Tagalog** - PAUNAWA: Makakakuha ka ng mga serbisyo sa tulong sa wika nang libre. Para sa mga kasalukuyang customer ng Cigna, tawagan ang numero sa likuran ng iyong ID card. O kaya, tumawag sa 1.800.244.6224 (TTY: I-dial ang 711).

**Russian** – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки участника плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (ТТҮ: 711).

Arabic - برجاء الانتباه خدمات الترجمة المجانية متاحة لكم. لعملاء Cigna الحاليين برجاء الاتصال بالرقم المدون علي ظهر بطاقتكم الشخصية. او اتصل ب TTY).

**French Creole** - ATANSYON: Gen sèvis èd nan lang ki disponib gratis pou ou. Pou kliyan Cigna yo, rele nimewo ki dèyè kat ID ou. Sinon, rele nimewo 1.800.244.6224 (TTY: Rele 711).

**French** - ATTENTION: Des services d'aide linguistique vous sont proposés gratuitement. Si vous êtes un client actuel de Cigna, veuillez appeler le numéro indiqué au verso de votre carte d'identité. Sinon, veuillez appeler le numéro 1.800.244.6224 (ATS : composez le numéro 711).

**Portuguese** - ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

**Polish** – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

Japanese - 注意事項:日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCignaのお客様は、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224(TTY: 711)まで、お電話にてご連絡ください。

**Italian** - ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare il numero sul retro della tessera di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).

**German** – ACHTUNG: Die Leistungen der Sprachunterstützung stehen Ihnen kostenlos zur Verfügung. Wenn Sie gegenwärtiger Cigna-Kunde sind, rufen Sie bitte die Nummer auf der Rückseite Ihrer Krankenversicherungskarte an. Andernfalls rufen Sie 1.800.244.6224 an (TTY: Wählen Sie 711).

Persian (Farsi) – توجه: خدمات کمک زبانی، به صورت رایگان به شما ارائه می شود. برای مشتریان فعلی Cigna، لطفاً با شمارهای که در پشت کارت شناسایی شماست تماس بگیرید. در غیر اینصورت با شماره 1.800.244.6224 تماس بگیرید (شماره تلفن ویژه ناشنوایان: شماره 711 را شمارهگیری کنید).